

ROYAL CLIPPER

7-NIGHTS: GRENADINE ISLANDS

Nov 2016 through Apr 2017

Barbados – Captain’s Choice – Grenada –
Tobago Cays – St. Vincent – Bequia – Martinique –
St. Lucia – Barbados

All tours are offered with English speaking guides. The length of the tours is given as an indication as it may vary depending on the road, weather, sea and traffic conditions and the group’s pace.

Depending on what activities you would like to participate in, the general fitness levels vary. If you like to enjoy walks and other sporting activities like hiking, snorkeling and boating, an average to good fitness level is required

GRENADA

Eco Trek at Bamboo Fall

Transfer by van to the departure point of the walk

Minimum 20 participants, maximum 80

Duration: 4 hours

Euros 44

This activity is physically challenging

This excursion is a must for all Nature lovers; it is a wonderful journey of discovery starting at St George’s and following steep winding roads culminating at the rain forest peak, an amazing spot some 1900ft above sea level. This is Grand Etang Forest, a sanctuary and nature reserve located in the islands Central Mountain Range. Here lush vegetation, towering mahogany trees, ferns and colourful tropical flowers provide a vivid background to a wide cross section of bird and animal life.

If you enjoy trekking, then you will love the trail through the rainforest to reach Bamboo falls. The trek will take you over a private plantation where you will see nutmeg, cocoa, bananas, and many other vibrant tropical plants. It can be muddy and slippery, especially if it has rained recently, so please choose your foot wear accordingly.

Bamboo Falls is known as one of the most famous and beautiful of all Grenada’s waterfalls and is certainly worth the 30 minute trek to get there.

Enjoy unspoilt nature at its finest and join us on this unforgettable Eco trek.

- Fresh local organic orange juice will be available on your return to the Cruise Terminal.
- Minimum age for participating in the excursion: 8 yrs old.
- Please note that although the hike is not very difficult, Rain forest terrain is muddy and can be slippery. Sturdy hiking shoes or sports shoes are recommended.
- Don’t forget to bring a bathing suit and towel if you want to go for a dip in the falls.
- We recommend you bring a bottle of water for the hike.



Nutmeg and Falls

By air conditioned van or coach

Minimum 20 participants, maximum 120

Duration: 4 hours

Euros 44

The west coast of Grenada boasts a number of distinctive features which are characteristic of the island: spices and cocoa at the Dougaldston Estate, nutmeg in Gouyave and in the tropical heights, waterfalls and of course plantations.

The excursion starts from St George's, taking the northern coast road along the Caribbean Sea. One tranquil fishing village follows another, and the beaches form an extended ribbon of coral and volcanic sand. Life goes on at a gentle laid back pace, typical of the Caribbean. However in Gouyave fishing is not the only source of income; this small town houses a hidden treasure, well protected by high walls: the Nutmeg cooperative plant.

A visit to the Nutmeg cooperative plant is like taking a step back in time some one hundred years. There are no machines or conveyor belts, the precious spice is processed first to last by the nimble fingers of the kind-hearted "mamas". Here women reign supreme, humble and conscientious, they are the Guardians of the Nutmeg tradition. Grenada's enviable position as the second exporter of nutmeg in the world is no doubt thanks to the tireless work of these women and others like them

After Gouyave the next stop is the Dougaldston Estate, another piece of Grenada's history, founded in 1700. During your trip to this historic cocoa plantation you will discover the wonderful range of precious scents and spices to be found on the island.

Before returning to the ship, we will take a look at the Concord waterfalls and see the nutmeg and cocoa trees that flourish on the hillside, rivalling the tropical luxuriance of the nearby forest.

- This Excursion can be organised in the opposite direction.
- You will get the opportunity to swim at the water-

fall site

- Make sure you have proper shoes as the terrain may be slippery.
- The drive from The Carenage (St George's) to the Dougaldston Estate will take 50 minutes.
- You will visit both a Nutmeg Cooperative (40 mins) and, after a 20 minute drive, Concord Falls (45 minutes).
- The drive from Concord Falls to St George's takes 50 minutes.
- The "Mamas" work to a fixed timetable and so, depending on the time of your visit, you may not actually see them on the job.



Shadowfax Sailing

By sailing boat

Minimum 15 participants, maximum 35

Duration: 5h30

Euros 112

Join us for an unforgettable sailing excursion from St George's Harbour to Hog island. Cruise along the scenic south west Caribbean coast of Grenada towards Point Salines, the southern most point of the island, before an exhilarating sail upwind on the Atlantic side to reach the secluded Island of Hog.

Here, a delicious Lobster lunch will be cooked and served while you sit back and enjoy a welcoming Champagne drink. Then you can choose either to swim and relax, or explore the secrets of this "Robinson Crusoe" island.

Before leaving Hog Island there will be a snorkelling stop at a coral reef teeming with colourful tropical fish and marine life, before you get back on board for the relaxing one hour sail back to St George's.

Included in the excursion:

- A full complimentary bar with rum punch, sodas, juices and mineral water.
- Snacks: fruit, French bread and cheese.
- A glass of champagne and two glasses of wine during lunch.
- Traditional Grenadian fish broth, cooked on the beach
- Lobster lunch consisting of grilled lobster, potatoes, green salad and garlic bread
- High quality snorkelling equipment, instructions and a guided snorkel tour
- This excursion is not recommended for guests who suffer from sea sickness and those with mobility problems
- Guests must be good swimmers to participate in the tour
- Please do not forget your swim suit, towel, sun glasses and plenty of sun screen.

Available but NOT included :

- Spirits and beer

Sea Riders

Shuttle bus to the marina

Minimum 6 participants or 3 boats, maximum 14 (2 participants per boat)

Duration: 2h15

Euros 134 with one participant per boat

Euros 67 with 2 participants per boat

Get ready for some wet and wild fun when you explore the island on Sea Riders fast, two person inflatable motorboats.

You will pilot your own boat on this exhilarating adventure that includes a stop with snorkeling. The Sea Riders base at St George lagoon is a short drive from the ship.

Upon arrival you will be welcomed by our friendly and enthusiastic team who will give you an information briefing on how to operate the boats, before you head off across the Caribbean side of Grenada. Follow your guide, passing large yachts in Port Louis Marina and inside the charming Carenage of St George's before entering the Caribbean Sea. After a trip alongside the picturesque and colourful coastline, you will stop at your snorkeling destination. Here you can choose to snorkel on submerged statues by sculptor Jason de Caires Taylor or swim prior to your return to the base and then on to the cruise ship terminal.

- Sea Riders Boats accommodate up to two persons.
- All drivers must be at least 18 years old.
- Supplied safety vest must be worn at all times.
- Wear a swimsuit and bring a towel and adequate sun protection.
- Women who are pregnant may not participate on this tour.
- Snorkeling equipment is included.
- The minimum age required to participate is 14 years old.
- The combined maximum weight limit on an E-Sea Rider Boat is 400 pounds.



TOBAGO CAYS

Discover the Southern Grenadines

By catamaran

Minimum 20 participants, maximum 25

Duration: 3 hours

Euros 67

Cruise through the crystal blue waters and sparkling white sand beaches of the Marine National Park of Tobago Cays. Our first stop is at the Horseshoe Reef for snorkeling and swimming then on to view the exclusive Palm Island Resort. This will be followed by a rum punch and swim stop at the sparkling white sand beach of Mayreau, Salt Whistle, one of the top 10 beaches in the Caribbean. Swim and snorkel as much as you want on this truly memorable tour. You will be back at the beach for the ship's barbecue (weather permitting)

- This tour is taken by powerboat
- Wear swimwear, suntan lotion, hat, comfortable footwear and light clothing.
- Duration depends on sea's condition
- Take your snorkeling equipment with you
- The boats for this excursion come over from St Vincent and the crossing to Tobago Cays depends very much on conditions at sea. Consequently, the excursion may have to be cancelled in case of rough seas.
- This tour is designed for experienced snorkelers.

SAINT VINCENT

Garden of Eden

By air conditioned van or motor coach

Minimum 7 participants, maximum 60

Duration: 3h30

Euros 50

Enjoy a tour through the capital, Kingstown, with its colonial and modern architecture before starting the scenic drive through the Mesopotamia Valley of St Vincent. The Marriaqua valley, with its volcanic richness, offers a spectacular panoramic view of what is often referred to as the "island's breadbasket". Banana plantations, nutmeg, cocoa, breadfruit, coconut and a multitude of root crops have thrived here for generations. You will visit the Montreal gardens, one of the two premier showplaces of the island's flora. The gardens contain a wide range of tropical plants. In this tranquil, magical setting, admire the flourishing bougainvilleas, frangipanis, hibiscus and the delicate wax like blooms of the anthurium lilies. The gardens offer an excellent view over local farmland and the distant sea. After the visit you will get back on the coach and continue your scenic drive, traveling through quaint villages and getting a true glimpse of every day life in these rural communities, where farmers work on the hillsides using machetes. Finally the drive takes you along the picturesque Atlantic coast and a breathtaking hilltop view of the capital directly above the cruise ship berth.

- For persons who have difficulty walking there are approx 100 steps in different areas not all together.



Reef Life Tour

By boat

Minimum 12 participants, maximum 22

Duration: 3 hours

Euros 64

Depart from the cruise Terminal and cruise along the striking leeward coastline passing Fort Charlotte, fishing villages and tropical bays as we head into the bay, home to the country's oldest coconut plantation, Mount Wynne.

At Mt Wynne beach enjoy snorkeling and /or beach combing at its best. Here the therapeutic black sand makes a stunning backdrop for the huge sea fans and the sheer variety of tropical fish will delight you. St Vincent boasts some of the finest and most diverse coral reefs in the Eastern Caribbean.

Have some refreshments while soaking up the sun and fun.

- Take your snorkeling equipment with you.
- Wear swimwear under casual clothing, suntan lotion, hat, comfortable footwear.

“Parrot “Look Out Trail

Transfer by van or coach

Minimum 7 participants, maximum 30

Duration: 3h30/4hours

Euros 54

Difficult hike !

You will take a scenic drive from Kingstown and travel north on the Leeward Highway for about 30 minutes, passing through little villages.

As we approach the Buccament Valley, we make an inland turn and drive for 2 miles through more small rural communities. Another 1.5 miles on rugged road brings us to The Nature Trail site.

The Vermont valley offers an opportunity to explore the St. Vincent Parrot Reserve. The Reserve consists of 10,870 acres of forest, set aside in 1987 to help preserve the endemic St. Vincent Parrot (*Amazona guildingii*) and its rain forest habitat. This Reserve provides a superb area for hiking and bird watching. The Parrot Look Out Trail, 1¾ miles, offers a unique opportunity to walk through cultivated fields, forest plantation, and rainforest.

- This hike entails 1½ - 2 hours of comfortable walking through a canopy of trees.
- Walking includes steps and an elevation increase of 500'
- As the animals are in their natural habitat, wildlife sighting cannot be guaranteed.
- Outdoor shoes or sneakers are recommended.



La Soufrière Volcano Hike

Transfer by van, then on foot

End of the tour in Bequia (return by ferry)

Minimum 5 participants, maximum 40

Duration: 8 hours

(excluding the transfer back to Bequia)

Picnic included

Euros 74

Difficult hike!

Experience the volcanic nature of Saint Vincent by taking a tour to La Soufrière, one of the most studied volcanoes in the world, which rises to a peak of 4048 ft. (1200m) above sea level.

This tour takes you along the picturesque Windward coast of St. Vincent. The coastal highway runs alongside the Atlantic Ocean passing through banana, coconut and arrowroot plantations, and travels through the Byera Tunnel, which was built in 1813 to open the Carib lands to settlement.

The road to La Soufrière leaves the coastal highway at Rabacca and travels through the Orange Hill banana and coconut plantation to where the foot trail begins. This challenging and exhilarating hike takes 2 ½ hours and includes resting stops at the river bed and Jacob's Well.

The foot trail leads you through a canopy of bamboo ridges, lowland forest with patches of cultivation and then into tropical forest. Here you will penetrate a wonderful wilderness of tree ferns, tall trees with bromeliads, lianas and moist shade dappled with sunlight. You will emerge from the shade into an area of vegetation stunted by altitude, breeze and frequent cloud cover and continue to an alpine-like zone before the last stretch of scree leading to the crater itself.

- The drive to the foot of La Soufrière Volcano takes about 1h30.
- The hike to the top takes about 2h30 up and 2 hrs down (depending on the pace of the group).
- You will take the same path to get back down to the foot of the volcano.

- You will take a public ferry back to Bequia in Kingstown (approx one hour)
- A light jacket or sweater is recommended at the top of the volcano
- Children younger than 14 are not accepted on this tour
- Outdoors shoes or sneakers are recommended on the tour
- Your guide will hand over your picnic lunch and 2 bottles of water at the beginning of the tour; we recommend you take a back pack with you to carry it all during the hike
- Your picnic will consist of sandwiches or cold meat and fruit
- Toilet facilities are available at the departure point
- It is a 3 mile (4.8km) hike. The trail starts at 1200 ft (365m) and climbs to 4048 ft.(1200m)
- The hike is strenuous , guests must be in good physical condition
- Most of the trail is shaded until you get to the area of low growth vegetation where you are exposed to the sun for about a 1/2 hr, but at this point the wind is cool and very enjoyable and the scenery is amazing.



Falls of Baleine**By motorboat****Minimum 15 participants, maximum 35****Duration: 3h30****Euros 80**

Experience the island's finest natural wonders. Cruise via Powerboat along the magnificent Leeward Coast of St. Vincent and hear a bit of history about fishing villages, the bat cave and old forts. View the volcano and where the lava used to flow as you approach the north coast and after a 10minutes medium walk, swim in the fresh river water below the magnificent 63-foot Falls of Baleine. Enjoy snorkelling and swimming along our exotic black sand beaches and reefs. Relax on the beach and sip a delightful rum punch while cooling off in the sea.

- Bring you snorkeling equipment from the ship.
- There are no changing facilities so a swimsuit should be worn under casual clothing. There is no toilet facilities.
- Take a towel, sun block and walking shoes that you do not mind getting wet (optional – Cap / Hat).
- This tour is subject to weather conditions.

BEQUIA**Magical Coast of Bequia****By speed boat****Minimum 12 participants, maximum 14****Duration: 3 hours****Euros 68**

Enjoy a scenic tour of this exclusive Bequia's coast line with breath taking views of Moon hole, Semplers Cay, Middle Cay and Petit Nevis. You can snorkel at Petit Nevis enjoying the vividness and beauty of the underwater marine life. Then on to the exotic and secluded white sand beach, Princess Margaret here you will swim, beach comb and enjoy sipping on some rum punch.

On the way back, the ride will take you along the coast of Port Elizabeth waterfront.

- Bring you snorkeling equipment from the ship
- There are no changing facilities so a swimsuit should be worn under casual clothing. There is no toilet facilities.
- Take a towel, sun block and walking shoes that you do not mind getting wet (optional – Cap / Hat).
- Drinks onboard are complimentary
- You can purchase as well drinks at Jack's beach bar
- This tour is subject to weather conditions.



MARTINIQUE

Botanical Gardens of Balata

By air-conditioned motor-coach and on foot
 Minimum 15 participants, maximum unlimited
 Duration: 3 hours
 Euros 42

Leaving Fort de France, you will take the Trace Road opened by the Jesuits in the eighteenth century. This is really a track rather than a road and runs between enormous bamboos and giant arborescent ferns and lianas.

The Botanical Garden of Balata, a marvellous garden, is now open to the public after 20 years of ground preparation and the careful collecting of flowers and plants by owner Mr. Jean Philippe Thoze, a botanical and landscape gardener. Walk under the trees and you will discover a multitude of botanical plants and flowers, a harmonious mix of colour and form judiciously placed to delight the eye. The reception hall is located in an authentic Creole house which has been lovingly renovated.

On the way back, you will drive through Fort de France for a panoramic tour and discover the main monuments of this city such as the Fort Saint-Louis, a Vauban style 17th century military edifice, the "Place de la Savane" just below the Fort, former Place d'Armes, with its majestic trees – royal palms and tamarinds, the statues of Belain d'Esnam-buc and Joséphine Tascher de la Pagerie, Napoleon Bonaparte's wife, and the Bibliothèque Schoelcher, designed by the architect Henry Picq, contemporary of Gustave Eiffel. The bibliothèque (library in English) was dismantled and transported to Martinique from Paris after serving as the Canada Pavillion at the 1898 World Expo.

Tropical Forest Hiking Tour

By air-conditioned motor coach and on foot
 Minimum 14 participants, maximum 18
 Duration: 3h30
 Euros 45
Activity level: strenuous!

You will board the motor coach at Fort de France, Martinique's administrative capital, and drive to Fontaine Didier which is the starting point for this excursion.

The hike will take you on a trail to Absalon through lush tropical forests where ferns, mahogany trees, balisier flowers and many other exotic plants grow in abundance and the silence is only broken by bird song.

Enjoy the peaceful atmosphere as your guide takes you to the very heart of the rain forest. You will learn something about the forest's biodiversity and get the opportunity to admire the luxuriant vegetation up close and see some little waterfalls before arriving at Absalon at the end of your hike. Afterwards there will be time to relax by the riverside before boarding your motor coach for the return journey.

- This tour is not suitable for people with walking difficulties or those who suffer from vertigo as there are many steps to negotiate as well as slippery rocks and gravel paths.
- The trail is about 4km long so you need to be in good physical condition.
- The trail is shaded and go along a river.
- Hiking clothes, closed shoes and a cap, are recommended.
- The trail starts in Didier and ends in Absalon (the difference of level is 380 meters).



SAINT LUCIA

Soufrière Tour and Caribbean Coast

(ship in Marigot Bay)

By air conditioned mini van

Minimum 18 participants, maximum 80

Duration: 5 hours

Euros 75

Lunch included

Departs from Marigot Bay, ends in Soufrière

Departing from beautiful Marigot Bay, you will travel along the western coast, bypassing the fishing villages of Anse la Raye and Canaries, before the descent into the town of Soufriere. The sight of the majestic Pitons, two great peaks which have come to be a symbol of the island itself, will fill you with awe. Arrive at the Villa des Pitons (or similar) for a delicious Creole lunch. Nestled on the hillside this enchanting resort affords a spectacular view of St. Lucia's rain forest.

Your journey will continue to an award winning historical site, the Soufriere Estate's Diamond Botanical Gardens, Waterfall & Mineral Baths. Established in 1745, it is one of the oldest estates on the island and was a portion of the 2000 acres of land that was granted to the owners by King Louis XIV in 1713 in recognition of their services to the Crown & Country. A guided tour takes you through the beautiful Botanical Gardens and the falls which cascade down through mineral-streaked rock walls and jungle thick ferns. The water forms a stream that flows through underground pipes to a series of baths at different temperatures. These mineral baths were originally built in 1784 by the Baron De Laborie and were restored in 1925 by the owners of the estate. These hot mineral springs are enjoyed today for therapeutic bathing. The gardens themselves are quite beautiful and after your guided tour there will be an opportunity to purchase a postcard or small souvenir before departing. Driving up through lushly verdant rain-forest you will enter the world's only drive-in volcano, La Soufriere. The roads lead you right up to the remnants of a volcanic crater; a moonscape of

barren earth and gravel where pools of muddy water bubble and belch out clouds of steam and a smell of sulphur pervades the atmosphere.

After your informative tour you can enjoy a warm refreshing dip in the sulphurous pool below the bridge.

- Passengers are asked not to stand and lean out of the vehicles while in motion.
- Passengers should note that the road to Soufriere is very winding so people who suffer from motion sickness should take necessary precautions before the tour.
- A buffet lunch will be provided.
- Beverages are not included during lunch but you will be offered a welcome drink.



Plantation Paradise at Hoofprint Ranch**(ship in Marigot Bay)**

Transfer by van

Minimum 6 participants, maximum 20

Duration: 2h30/3hours including all transfers

Euros 69

On arrival at the ranch you will be greeted, given a safety briefing and issued with a helmet and a horse adapted to your riding skills. When everybody is ready you can set off and enjoy meandering through one of St. Lucia's many banana plantations, heading down to the sandy beach at Roseau for a photo stop. Here you may choose to go into the water with the horses, ride along the beach accompanied by your guide, or just have a rest and relax.

On your return to the Ranch you will be treated to some cool refreshments before boarding the bus and going back to the ship.

- Riding time is approximately 45 minutes with a 5 – 10 minutes stop at the beach to take photos before returning to the stables.
- Wear swim suits underneath your clothes.
- Guests with medical conditions (pregnant women, back/neck injuries, heart/respiratory conditions, etc...) may not take part in this excursion.

La Soufriere – Natural Attractions**(ship in Soufrière)**

By air-conditioned mini-van

Minimum 10 participants, maximum 80

Duration: 3 hours

Euros 38

This tour begins with a leisurely drive through the town of Soufriere, bypassing the town square and the Cathedral. Your journey will continue to the Sulphur Springs, known as the world's only drive-in volcano. This historic site is the result of volcanic eruptions over 300,000 years ago. The sulphurous atmosphere is immediately apparent and sulphur water has been proved to have many medicinal properties, so don't be afraid to breath deeply and inhale the sulphur laden air. The Botanical Gardens and Diamond Baths are very famous, and it is said that Josephine de Beauharnais, later the Empress Josephine, wife of Napoleon, bathed in the waters. Admire the tropical plants along the pathway and the magnificent waterall before getting back on the bus.

After a short drive you will arrive at the Villa des Pitons Restaurant for complimentary drinks and enjoy local rum or fruit punch while relaxing on the verandah. Be sure to have your cameras at the ready, the view of the two majestic twin peaks soaring out of the sea at Soufrière Bay makes for a splendid photo opportunity. The tour ends with a short drive down to the jetty where your ship awaits.



Hotwire Pitons Zip Line Ride**(ship in Soufrière)****By air-conditioned mini-van****Minimum 12 participants, maximum 80****Duration: 2h30****Euros 70**

This unforgettable experience complements the popular Soufrière excursion and will enhance your enjoyment of the eco tour. The fun filled activity combines the adrenaline rush of zipping under the sheer Petit Piton, with breathtaking views of the historic town of Soufrière and the Caribbean Sea.

Depart ship and take a short drive through the rustic town of Soufriere up to the Hotwire Zipline Adventure Park at Morne Coubaril Estate in Soufriere. On arrival you are taken for a guided tour of this working plantation through a small village of huts made from sticks, modeled on those inhabited by the local population two hundred years ago. The surrounding gardens are well stocked with the plants and flowers indigenous to the island. Your guide will then lead you up the estate driveway to manioc house where you will learn how cassava bread is made.

The grandeur of estate house is next and offers great photo opportunities before you enjoy another live demonstration. You will learn about the process of de-husking a coconut and oven drying copra, before sampling some coconut water and jelly.

After enjoying the bay view from the point (do not forget to bring spare batteries for your camera), you will get the opportunity to taste a ripe cocoa bean at the cocoa and coffee house before seeing the process of fermentation and bean drying, and the cocoa dance used to polish the dried beans. The highlight of the tour is our mule driven sugar cane mill and the chance to enjoy some delicious fresh cane juice.

After the tour, you will be equipped with harness, helmet and gloves and be given a safety briefing and training demonstration before setting off on your zip line adventure. The first platform offers a panoramic view of the bay and the awe inspiring Pitons. While

you whizz safely between giant Banyans, your experienced guides will provide a running commentary on the eco-system and the spectacular views provided by this zip line trail, built to US standards.

Eight zip cables move you effortlessly through the estate and you can take your own aerial photos of the Piton and town below, before being carried into a canopy of banyan, coconut, plum and mango trees and across a bamboo-shadowed gorge. The zip lines offer a total immersion in the natural environment.

After your Zip line Adventure you will be escorted to a typical local restaurant to enjoy some refreshment including juice made from fruit produced on the estate. Table settings are simple yet tasteful, and the chairs are all hand-made. The restaurant is surrounded by gingerbread cottages which house our gift shop and washroom facilities. You can purchase a limited offering of alcoholic drinks and sodas at our open-air bar, or choose from a selection of ice cream. Browse our shelves for tasty food products which are made right here on the estate; there is a myriad of locally manufactured goods on offer, so you are sure to find exactly the right souvenir to take back to the ship.

- This excursion combines the adrenaline rush of zipping as well as a short sightseeing tour.
- This tour is not suitable for pregnant women, persons with heart or respiratory conditions and children under 8yrs old.
- Jeans or bermuda length shorts are recommended as well as sneakers or sandals (NO flip-flops), and shirts with short sleeves (NO sleeveless tops).
- Helmet, hairnet and gloves are provided, participants will have to sign a waiver.



Morne Choval Horse Ride

Transfer by van

Minimum 4 participants, maximum 8

Duration: 2 hours

Euros 69

Depart the Soufriere dock for a drive through the town of Soufriere and up to Morne Coubaril Estate/Morne Choval Stables. Arrive Morne Coubaril Estate/Morne Choval Stables for your Horse Riding adventure.

After a short briefing, ride back in time through Morne Coubaril's botanical 18th Century plantation. View the replica Carib village and hilltop views of Petit Piton, Soufriere town and the Qualibou volcano. It's all about seeing, smelling and tasting.

After your Horse riding, you are escorted to a rustic restaurant for a refreshment. Depart Morne Coubaril Estate for your drive to the Soufriere docks and return to ship via tender.

- Children must be minimum 10yrs old to participate to that tour.
- 10 minutes drive from Soufriere to Morne Coubaril Estate.
- After a 20minutes briefing, you will start your Horse Ride adventure (Approx. 60 minutes).
- A refreshment will be offered at the end of the tour.
- We recommend you to wear light, comfortable clothing and closed toe shoes – preferably with rubber soles. Long pants, jeans or $\frac{3}{4}$ pants.

Soufriere & Sapphire Hike And Waterfalls

By air-conditioned mini-van

With a driver guide

Minimum 10 participants, maximum 32

Duration: 2h30

Euros 40

Depart the Soufriere dock for a short drive through the town of Soufriere to start of the Sapphire Waterfall - one of Saint Lucia's therapeutic mud baths and warm waterfall which is nestled beautifully between botanical gardens and the volcano's overflow. Trek through residential areas and the rain forest and spend time taking a dip in the warm sulphuric waterfall surrounded by lush trees and flowering plants. Your guide will enlighten you about the medicinal attributes of the various plants and depending on what fruit is in season, it will be yours for the tasting. Freshly cut coconuts will be offered as the water is refreshing.

At the end of your "spa like" experience, you will take a short trek up to a point to board your bus for a short drive to Morne Coubaril Estate for refreshments and local snacks. Depart Morne Coubaril Estate for your drive back to the Soufriere dock and ship.

- Persons prone to motion sickness are required to take the necessary precautions prior to the tour as the roads are winding and bumpy.
- Minimum age; 12yrs/Maximum age: 70yrs. The maximum age limit is a general guideline and all persons participating in this tour must be in good health and not suffering from heart, respiratory, back, leg, hip or neck conditions.
- Hiking through the rainforest includes uneven terrain, narrow paths in section and walking up slight steep inclines.
- We recommend participants to wear light, comfortable clothing and appropriate walking shoes for the hiking part of the tour and to wear swimwear underneath clothing, bring along towels, cameras, sunscreen.
- 10 minutes drive to the Sapphire hike.
- 20 minutes hike to the waterfall and sulphuric



baths where you will spend about one hour.

- 20 minutes hike through the rain forest to return to your vehicle.
- After a short drive, you will reach Morne Coubaril Estate where refreshments will be offered.

BRIDGETOWN, BARBADOS

Pre-flight Beach Stop

Transfer by air-conditioned vehicle

Minimum 10 participants, maximum 25

Euros 60

Instead of waiting for your flight in the airport terminal, you might like to take the opportunity of enjoying a few more hours' sunshine at a local beach.

The beach facility is a 30 minute drive from the harbour. Your luggage will be stored on site and you can relax on a sun lounger or go swimming without having to worry about your bags.

There is a shower and a changing room and a light snack is included.

- Transfers to the airport will be provided at two pre-arranged times in order for you to make the most of your last day in Barbados. (1pm & 2.30pm as the airport requires guests on international flights to be at the airport at least 2h30 prior to their flight departure.
- The rate includes all transfers(port/ beach break/ airport, storage of luggage, light snack (chicken, fish or hamburger with French fries and salad), one rum mix beverage or soft drink, a beach chair, shower facility and washrooms.
- Please note that this is not a hotel but a simple beach bar.



Beach Break at Copacabana

Transfer by air-conditioned vehicle

Minimum 10 participants, maximum 25

Euros 69

How about enjoying your last hours in the Caribbean on a beautiful beach in Barbados, soaking up the warm sunshine before heading back home?

The beach facility is a 15 minute drive from the Harbour. Your luggage will be stored on site and you can just relax in a sun lounger on the beach.

- Transfers to the Airport will be provided at two pre-arranged times in order for the guests to make the most of their last day (1st one at 12.45 pm, second one at 2.15pm, the airlines require guests on international flights to be at the Airport at least 2 ½ hours prior to their flight departure).
- The rate includes all transfers (Port / Beach / Airport) the storage of luggage assisted by luggage attendant.
- Lunch consist in chicken, fish or hamburger sandwiches with fries and side salad, three drinks (rum mix, beer or sodas).
- One beach chair and a shared umbrella, shower facility and washrooms are available.
- Copacabana is not a hotel or a resort but strictly a Beach Bar.
- 2 towels will be provided per guest – 1 for the beach and one to dry off after the final shower.

Flavour of Barbados

(Island Discovery tour ending at the Airport)

By air-conditioned vehicle

Minimum 20 participants, maximum 64

Duration: approx 4h30

Euros 77

Your tour starts along the famous West Coast of Barbados, allowing you to catch a glimpse of the lives of the rich and famous who own villas there. Along the route you will pass through Holetown and Speightstown, two typically charming Caribbean towns. Next you will head inland. Your first stop will be at Farley Hill National Park with its Great House ruins and vibrant gardens, with a large variety of plants and trees and a spectacular view of the East Coast. Enjoy a leisurely stroll through the park before going on to discover the East Coast up close.

Moving on from here you continue along the coast for a while with another picture stop at Bathsheba, the famous surfing spot in Barbados. From here you will head up the hill again to your next stop at St. John's Parish Church which offers incredible views of the picturesque East Coast. Enjoy this breathtaking scene, from 800 feet above sea level, one last time. The church building and grounds are a treasure belonging to the Barbados National Trust.

A short scenic drive will take you to your lunch stop at Sunbury Plantation. This Great House was originally built over 300 years ago and is magnificently furnished, giving a real insight into the life of a wealthy plantation owner. Discover all its treasures before enjoying a sumptuous buffet lunch in the courtyard.

From here a short drive will take you to the Airport where you will find your luggage ready to be checked in.

- This tour can only be done by guests who have flights leaving Barbados after 3 pm. You will be transferred to the airport just after lunch.
- Lunch is included during the tour but the drinks will be at your own expense.
- Your luggage will be loaded on a separate luggage truck and it will be delivered at the airport at the end of the tour.

